

Anglican Prayer Bead Meditation
The Cathedral Church of the Nativity
Holy Week Meditation –Reflection on Hymn 158
Ah holy Jesus Words Johann Heerman (1585-1647)
The Very Rev. Anthony Pompa

The Cross

Ah Holy Jesus: How have you offended? That mortals' judgment has on you descended? Your foes deride you; and your own reject you. O most afflicted.

The Invitatory Bead

Lo, my Good Shepherd, meet us in this moment, offer us your passion, make us worthy of its offering.

The Cruciform Bead

For me, Kind Jesus, was your incarnation, your sorrow meeting mine, your anguish and passion to set me free.

The Weeks

Since I cannot pay thee, I will adore thee.

