

Anglican Prayer Bead Meditation

Celtic Prayers for Awareness

(John Philip Newell inspired)

The Very Rev. Anthony R. Pompa

The Cross

We meet strength borne from humility; its grace to heal what seems to be torn apart.

The Invitatory Bead

Awake Oh my soul, to the beauty of the divine, to the fragrance of life and of the earth, to the generosity found in union with all of God's creation.

The Cruciform Bead

To the beauty of the divine deep within, We awake.

The Weeks

Awake, O my soul, Awake