

**Anglican Prayer Beads Meditation**  
**For God's Presence and Protection**  
**Adapted the Carmina Gadelica (Songs of the Gaels)**  
**The Cathedral Church of the Nativity, Bethlehem, PA**  
**The Very Rev. Tony Pompa**

The Cross

At the Cross, we meet You God incarnate. Body and soul reaching for us.

The Invitatory Bead

I place my body and my soul under your guard O Mary, mother of all that is vulnerable. I place my body and soul under your Guard O Christ, whose piercings meet my tears. I place my body under your Guard O God of my making and Loving.

The Cruciform Bead

Light of Moon cover us-the shield of God's protection.

The Weeks

Guard us Sleeping Guide us waking Lord,